

## NIBBLES AND SHARING

### NACHOS (MI) £8.95

Baked tortilla chips drenched with melted cheese, served with Salsa, Sour Cream and Guacamole.

### MEZE PLATTER (CG, FI, SS, MI) £10.50

Hot toasted Pitta bread, with Taramasalata, Houmous and Tzatsiki to dip into, served with mixed olives and hot grilled Halloumi cheese.

## STARTERS

### SOUP OF THE DAY £4.95

Made fresh every day, served with bread (SS, CG, TN, SO, MI) and butter (MI)

### BRUSCHETTA (MI, CG, SO)

Toasted Garlic Bread topped with fresh tomatoes, garlic, fresh basil, olive oil and a squeeze of lemon juice. £5.50

### ARTICHOKE, RED PEPPER AND FETA SALAD (MI)

Artichoke hearts, roasted red peppers and crumbly feta cheese - all combined with a tangy dressing (MU, CG) £5.75

### CALAMARI (MO, CG, EG)

Squid Rings and Tentacles lightly coated in fine breadcrumbs and flash fried, served with garlic mayonnaise £7.95

### CHICKEN WINGS (CL, CG, CR, EG, FI, MI, MU, SO,)

Flame cooked until tender with a Mesquite Glaze, served with sour cream and Chive dip. £5.75

## SALADS

### CHICKEN CAESAR SALAD (EG, MI, CG)

Grilled Breast of Chicken served with fresh cos lettuce and Caesar sauce sprinkled with croutons and parmesan cheese £11.25

### LANCASTER COBB SALAD (MU)

Iceberg lettuce covered with rows of grilled chicken, crispy bacon, Tomatoes and avocado and drizzled with house dressing. £12.25

**Allergy Symbols :** EG –Eggs; MI-Milk; FI – Fish; CR - Crustaceans(Crab, lobster, crayfish, shrimp, prawn); MO – Molluscs; PN – Peanuts; TN - Tree Nuts (Almonds, Hazelnuts, Walnuts, Cashews, Pecans, Brasils, Pistachios, Macadamia Nuts, Queensland Nuts); SS - Sesame/Seeds; CG - Cereals containing Gluten; SO –Soybeans; CL - Celery and Celeriac; MU – Mustard; LU – Lupin; SU - Sulphites

## FISH

**CRISPY BATTERED FISH & CHIPS (FI, CG, MU, EG) £13.50**

Skinless, boneless cod fillet in a light crispy batter, served with mushy peas, tartare sauce and chips.

**SALMON FILLET IN LIME & CORIANDER MARINADE (FI, SU, MU) £15.95**

Salmon Fillet marinated in lime and coriander, served with steamed basmati Rice (or chips) and a small mixed salad.

**SWORDFISH SUPREME (FI, SO, CG, MI) £16.95**

Firm, Succulent and meaty fish which is grilled and served on a bed of lightly spiced creamy lentils.

## MAIN COURSES

**BURGER BAR (SU, CG, SS, MU, EG)**

Your choice of Beef, Chicken or Bean Burger (MI, CG, MU, SU, SS, EG) cooked on the griddle, served in a bun garnished with tomato, gherkin, Burger sauce and chips. Choose from the following toppings (each £1 extra):  
Cheddar Cheese (MI), Bacon, Avocado, Houmous (SS) **£11.50**

**GRILLS - All cooked to your direction on our grill**

**RIB EYE STEAK (230g) £20.50**

**SIRLOIN STEAK (227g) £19.50**

**BREAST OF CHICKEN £13.50**

Served with chips, grilled tomato, onion rings (CG, MU) and your choice of either Bearnaise (EG, MI, SS, TN) or Pepper Sauce (EG, MI, CG, MU, CL, SS, TN).

**STEAK PIE (MI, CG, CL, SS, TN) £14.50**

Chunks of Steak in gravy in a shortcrust pastry, served with Mashed potatoes, mushy peas and onion gravy.

**RACK OF RIBS (CG, CL, MU) £15.50**

Pork Loin Ribs marinated and cooked in a smoky barbecue sauce. Served with Chips and Onion Rings

**THAI GREEN CHICKEN CURRY (FI, MI, SS, TN, MU) £12.50**

Chopped Chicken Breast cooked in a sauce of coconut, green pepper, ginger, garlic, green chillies & coriander, served with steamed Basmati rice and Green Salad.

**THAI RED PRAWN CURRY (CR, FI, SS, MU, TN, MI) £12.50**

King Prawns in a coconut, lemon grass and Thai Basil Sauce, served with steamed Basmati rice and green salad.

**CHICKEN TIKKA MASALA (MI, SS, MU) £12.95**

Marinated Chicken Pieces in a creamy masala sauce served with Steamed Basmati Rice and Green Salad.

**PASTA OF THE DAY – (Please check with your waiter for today’s flavour) £11.45**

(EG, MI, CL, CG, SS, FI, CR, MO, TN)

**LASAGNE CLASSICO (EG, MI, CG, MU, SS) £10.95**

Fresh white pasta layered with bolognaise and cheesy béchamel sauce and topped with grated cheese.

(Vegetarian option available also) (EG, MI, CG, MU, SS, CL)

**ASPARAGU, BROAD BEAN AND ROAST GARLIC RISSOTO (MI, SS) £10.50**

Risotto rice infused with Italian style hard cheese and roasted garlic sauce, with Asparagus and Broad beans.

**CLUB SANDWICH (MI, EG, CG) £10.50**

3 Slices of toasted bread layered with Chicken, Bacon, Cheese, Tomato & Lettuce and Mayo, served with Chips

**SIDES**

Fries/Mashed Potatoes (MI) /Steamed Rice £3.30

Sweet Potato Fries £3.80

Battered Onion Rings (CG, MU) £3.30

Garlic Bread (MI, CG, SO) £3.30

Mixed Salad (MU) £3.30

Creamy Spiced Lentils (FI, SO, CG, MI) £3.30

## DESSERTS

**BANANA SPLIT** (MI, SO, TN, PN, CG) £8.50

A whole banana split lengthways and filled with 3 types of Ice cream, chocolate sauce, fresh cream and topped with nuts.

**CARROT CAKE** (MI, SO, TN, PN, EG, CG) £5.95

Three layered carrot cake, filled and coated with cream cheese frosting and garnished with hazelnuts, served with Cream(MI).

**ROCKY ROAD SUNDAE** (TN, EG, MI, PN, CG) £6.50

Brownies crumbled over vanilla ice cream, covered with Chocolate sauce and marshmallows, topped with fresh cream.

**CHEESECAKE OF THE DAY** (EG, MI, CG, TN, SO, PN, SU) £6.50

Please check with your waiter for today's flavour and allergen information. Served with your choice of ice cream (MI, SO, CG) or cream (MI).

**STICKY TOFFEE PUDDING** (EG, MI, CG, TN, PN) £5.95

Date and black treacle sponge with a cream and butter toffee sauce. Served with your choice of ice cream (MI, SO, CG) or cream (MI).

**LEMON MERINGUE PIE** (EG, MI, CG, TN, PN) £5.95

Pastry case filled with tangy lemon filling and topped with mallow meringue Served with your choice of ice cream (MI, SO, CG) or cream (MI).

**SELECTION OF ICE CREAMS & SORBETS (3 Scoops)** (MI, SO, CG) £5.95

Ice Creams - Vanilla, Raspberry Ripple, Salted Caramel, Strawberry, Chocolate  
Sorbets – Blackcurrant, Orange  
Strawberry Frozen Yogurt